



# Mothers' Lactation Tea

*Social and  
Support Group for  
Breastfeeding Mothers*

**Join us in a supportive environment where  
you can share your experiences and concerns  
and build a community with other mothers**

*Enjoy a cup of tea while you talk with other breastfeeding Moms*

*Ask questions*

*Hands-on assistance from our experienced Lactation Consultants*

*Work through your breastfeeding/pumping concerns*

*Learn accurate information about breastfeeding*

*Gain confidence*

*Socialize and make new friends*

*Bring your new baby*

**To register, please call:**

**845.368.8270**

*Our Lactation Tea is free of charge*

**Second Tuesday  
of the Month**

**12:30 p.m. - 2 p.m.**

**Good Samaritan  
Hospital**

**Fifth Floor Classroom**

**255 Lafayette Avenue  
Suffern, NY 10901**

*Open to Women only*